

EDITORIAL

Farewell to Dieter Riemann—Gratitude of the ESRS

Erna Sif Arnardottir¹ | Hans-Peter Landolt²¹Reykjavik University Sleep Institute, Reykjavik University, Reykjavik, Iceland | ²Institute of Pharmacology and Toxicology, Sleep & Health Zurich, University of Zurich, Zurich, Switzerland**Correspondence:** Erna Sif Arnardottir (president@esrs.eu) | Hans-Peter Landolt (jsr-eic@esrs.eu)**Received:** 1 December 2025 | **Accepted:** 13 January 2026

Dear members of the ESRS

Dear readers of the *JSR*

As we begin a new editorial period for the *Journal of Sleep Research (JSR)*, it feels appropriate to reflect briefly on the journal's recent trajectory and to express our sincere appreciation and thanks to the editorial team that has brought the journal to its current position of strength.

The *JSR* has grown substantially in scientific influence, international reach, and editorial quality over the past decade. These developments reflect the concerted efforts of the editorial office, editorial board members, authors, reviewers, publishing partners, and the European Sleep Research Society (ESRS). Among these contributors, Prof. Dieter Riemann has played a central role as Editor-in-Chief since 2016, serving with an unwavering dedication and a clear vision that has guided the journal through a period of breathtaking change in scientific publishing.

When Dieter assumed editorial leadership, he articulated a vision for the *JSR* as the ESRS' journal: to publish research of the highest scientific standard across the full spectrum of sleep science and sleep medicine, to improve editorial efficiency and fairness, and to broaden the journal's global relevance. This vision was embodied in strategic developments that strengthened the journal's editorial processes, expanded its scope, and enhanced its relevance to both basic and clinical researchers.

Under his leadership, the journal experienced significant growth in submissions, readership, and citation impact. The editorial board was rejuvenated and diversified in terms of scientific expertise, geographic representation, and career stage. Processes were refined to ensure timely editorial decisions and

to respect the time and expertise of reviewers—critical considerations in an era of rapidly increasing submission volumes. These improvements were essential in maintaining *JSR*'s rigorous standards while adapting to the evolving needs of authors and the field.

Among the many others, a particularly noteworthy accomplishment of Dieter's tenure was the successful publication of the first and recently updated versions of the *European Insomnia Guidelines* (Riemann et al. 2017, DOI [10.1111/jsr.12594](https://doi.org/10.1111/jsr.12594); Riemann et al. 2023, DOI [10.1111/jsr.14035](https://doi.org/10.1111/jsr.14035)). Developed through a comprehensive synthesis of evidence and a consensus process involving a truly international panel of experts, these guidelines represent a major contribution to clinical practice and scientific understanding of insomnia across Europe and beyond. Their publication in *JSR* not only underscored the journal's capacity to serve as a platform for high-impact, translational scholarship but also reinforced the journal's role at the interface of research and the clinic.

The publication of guidelines of this scope exemplifies the balance that Dieter consistently sought to achieve: promoting scientific rigour while prioritising relevance to clinical sleep medicine and public health. In doing so, the *JSR* has become a venue not only for high-quality original research but also for authoritative reviews, consensus statements, and clinical guidance that shape the sleep field.

Equally important has been the collegial and inclusive manner in which Dieter exercised editorial leadership. His engagement with the ESRS Board, editorial team, authors, reviewers, and publisher staff fostered a culture of transparency and mutual respect. This collaborative spirit was evident in the way manuscripts were handled and in the commitment of the editorial

office to solicit contributions that reflect emerging areas of interest and methodological innovations.

Apart from Dieter's great leadership, it is important to also warmly recognise the vital contributions of the longstanding JSR Editorial Manager, Brigitte Knobl, and the ESRS office and support staff. Their professionalism ensured continuity, responsiveness, and quality in daily activities, and their teamwork was instrumental in navigating the challenges that accompany both growth and transition.

On behalf of the ESRS, we extend profound thanks to Dieter and Brigitte for their exceptional service to the *Journal of Sleep Research* and to the broader sleep community. Their leadership and impact have strengthened the journal and have helped shape its identity as a first-class forum for scholarly exchange and development. It is in this spirit of shared endeavour that we look forward to the next phase of JSR's journey and encourage prospective authors to continue submitting work that reflects the depth, breadth, and innovation characteristic of our rapidly moving sleep field.

Author Contributions

Erna Sif Arnardottir: writing – review and editing. **Hans-Peter Landolt:** writing – original draft, writing – review and editing.

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