

1 **Temporal and intra-thallus variation in arsenic species in the brown macroalga**
2 ***Laminaria digitata***

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12 **Environmental context.** Arsenic contamination has a disproportionate effect on
13 marine ecosystems. Organisms such as some marine macroalgae, which accumulate
14 potentially toxic elements from the surrounding environment, have developed an
15 internal conversion process that is not yet fully understood. Are arsenic-containing
16 sugars a product of detoxification, or simply the result of phospholipid degradation?

17 **Rationale.** Arsenosugars (AsSugar) account for the majority of total arsenic in
18 common seaweed species, yet it is unclear whether these are formed through some
19 detoxification pathway for inorganic arsenic or are precursors/degradation products of
20 arsenic-containing phospholipids in the cell wall.

21 **Methodology.** Temporal and intra-thallus variations in water-soluble arsenic were
22 measured by HPLC-ICP-MS, as well as total non-polar and polar arsenic-containing
23 lipids by ICP-MS in *Laminaria digitata* to offer potential insight into the origins of
24 arsenosugars. Water-soluble speciation with and without freeze-drying was also
25 compared to determine whether freeze-drying changes the water-soluble As
26 speciation.

27 **Results.** In general, lower levels of total As were detected in the samples collected in
28 May (39.2-74.5 mg kg⁻¹) compared to those collected in February (72.6-151 mg kg⁻¹).
29 The concentration of arsenate was found to consistently increase along the thallus
30 from the holdfast/stipe (0.78-1.82 mg kg⁻¹) to the decaying fronds (44.4-61.0 mg kg⁻¹)
31 in both months, and AsSug-SO₃ was the dominant AsSugar in the majority of samples.
32 The extraction efficiency was lower in fresh samples (64-77%) than in freeze-dried
33 (95-116%) from the same month. Water-soluble, polar AsLipids, and residual As
34 concentrations were generally highest in February, and the non-polar AsLipids
35 accounted for <0.42% of totAs in all samples.

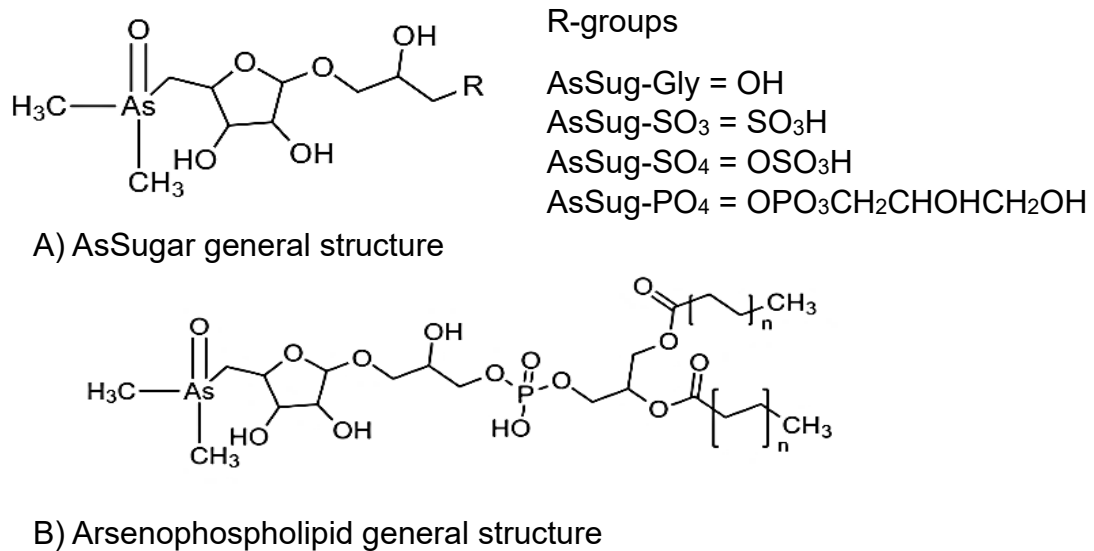
36 **Discussion.** Our results suggest that the arsenosugars are not a product of arsenic
37 detoxification, but a by-product of normal biological activity. It is probable that the
38 arsenosugars are bound to the cell membrane within the *Laminaria digitata* cells, and
39 lyophilisation is required to release them quantitatively. Future research should focus
40 on speciation of polar lipid-soluble As extracted from fresh samples to determine if the
41 lower extraction efficiency observed in this study is due to the As being in an
42 unextractable form, i.e. lipids, and thus is not removed from cells during water-based
43 extractions.

44 **Keywords: arsenosugars, arsenic speciation, trace element speciation,**
45 **seaweed, arsenic, trace elements, macroalgae, inorganic arsenic**

46 **Introduction**

47 Arsenic is released into the environment from natural and anthropogenic sources, and
48 contamination has a disproportionate effect on marine ecosystems. Marine
49 macroalgae (seaweeds) are efficient in accumulating elements from the surrounding
50 seawater and can sequester arsenic to reach internal concentrations as high as 150
51 mg kg⁻¹ dry weight (Huang *et al.*, 2022). Arsenite (As(III)) is thought to accumulate in
52 seaweeds through hexose permeases and aquaglyceroporins in the plasma
53 membrane (in a similar manner to rice plants), but arsenate (As(V)) is thought to enter
54 the cell due to phosphate transporters inability to distinguish between the two anions
55 (Meharg, 2004; Taylor and Jackson, 2016; Mitra, Chatterjee and Gupta, 2017).
56 Multiple studies have also demonstrated higher arsenate uptake during phosphate
57 limitation (Rahman *et al.*, 2008; Mamun *et al.*, 2019). Through still unclear and likely
58 species-specific mechanisms, the arsenic is incorporated into larger biological
59 molecules such as sugars and lipids. Arsenosugars (AsSugars) are typically the most
60 abundant species found in seaweed, with only small amounts of inorganic, methylated
61 or lipid species present (Borak and Hosgood, 2007). A few brown seaweed species,
62 however, contain higher concentrations of inorganic arsenic (iAs), e.g. *Hizikia*
63 *fusiforme* (hijiki) and *Laminaria digitata* (Phaeophyceae, Ochrophyta) which can
64 comprise over 50% of total arsenic (Taylor and Jackson, 2016; Ronan *et al.*, 2017;
65 Ender *et al.*, 2019). Whereas consumption of Hijiki has been discouraged in recent
66 years, *L. digitata* is still commonly eaten, and used as animal feed and fertilizer. There
67 are four main dimethylarsenosugar derivatives found in seaweed, Fig 1, and variations
68 in compositions between species is likely due to differing enzyme systems capable of
69 catalysing the glycosidation reaction responsible for the side chain of the furanose ring
70 (Francesconi *et al.*, 1991). It is unclear whether these AsSugars are formed through
71 some detoxification pathway for iAs or are precursors/degradation products of arsenic-
72 containing phospholipids, which contain the same dimethylribose moiety, Fig 1
73 (Duncan, Maher and Foster, 2014; Wang *et al.*, 2015; Chen and Rosen, 2020). It has
74 even been suggested that AsSugars may be produced by bacteria on the surface of
75 the seaweed (Geislinger *et al.*, 2001). The majority of evidence points towards
76 detoxification, and a pathway for the biosynthesis of AsSugars was proposed after
77 identifying a gene involved in AsSugar production in the cyanobacterium
78 *Synechocystis* (Xue *et al.*, 2019). The donation of methyl groups from S-
79 adenosylmethionine (SAM) to arsenite (or arsenate after reduction) is first catalysed
80 by the enzyme SsArsM, before the addition of the deoxyribose moiety by the radical
81 SAM enzyme SsArsS (Xue *et al.*, 2017, 2019). It is possible a similar pathway exists
82 in seaweeds, and *Fucus serratus* (Phaeophyceae, Ochrophyta) specifically has been
83 shown to produce DMA and AsSugars as major metabolites after increased exposure
84 to As(V) (Geislinger *et al.*, 2001). However, at external As concentrations of 100 µg
85 L⁻¹ the authors suggest that conversion of As(V) to As(III) becomes saturated, and
86 As(III) becomes the major metabolite detected at levels high enough to exert toxicity
87 (Geislinger *et al.*, 2001). A recent study by Ender *et al.* used NanoSIMS to investigate
88 the localisation of As within *L. digitata* cells and found that nearly all of the arsenic was

89 present in the cell wall, with only a minor fraction in the internal cellular matrix (Ender
 90 *et al.*, 2019). This would suggest that AsSugars are likely a component of the
 91 polysaccharides of the cell wall, and that their production is an efficient way of
 92 removing toxic arsenic from inside of the cell.



93
 94 Fig 1. A) The general structure of AsSugars in seaweeds, B) the general structure of
 95 arsenic-containing phospholipid.
 96

97 The total arsenic concentration has been shown to vary by season and section of
 98 thallus for the majority of Phaeophyceae (Burger *et al.*, 2007; Ometto *et al.*, 2018;
 99 Kreissig *et al.*, 2021). In *L. digitata* inorganic As specifically has been reported to
 100 increase along the thallus from stipe to decaying distal frond, but a similar trend was
 101 not observed for *Ascophyllum nodosum* from the same location (Ronan *et al.*, 2017).
 102 Spatial variations in arsenic species have also been reported for another member of
 103 the Laminariales, *Saccharina latissima*, where the most biologically active tissues
 104 contained the highest portions of arsenolipids (Pétursdóttir *et al.*, 2019). There is a
 105 lack of data available regarding the seasonal variations in AsSugar and arsenolipids
 106 (AsLipids) composition, but it is likely these compounds experience seasonal changes
 107 as they have been reported to vary with differing nitrate, phosphate, and oxidative
 108 stress levels (Pétursdóttir *et al.*, 2016).

109 The aim of this study was to compare temporal and intra-thallus variations in water-
 110 soluble arsenic and total non-polar and polar AsLipids in *L. digitata* to offer potential
 111 insight into the metabolism of arsenic. Extractions using fresh, undried sample
 112 materials are not often reported in literature, and so the water-soluble speciation
 113 before and after drying was compared to determine whether freeze-drying has an
 114 impact on the water-soluble speciation (Rubio *et al.*, 2010). The aim of this study was
 115 to provide insight into the arsenic metabolism of *L. digitata*, and how the arsenic
 116 speciation may fluctuate temporally and spatially within the thallus. Understanding
 117 these fluctuations may be useful for aquaculture industry and means harvesting

118 approaches can be adapted to select *L. digitata* biomass that contains the least
119 harmful composition of arsenic speciation.

120 **Experimental**

121 *Chemicals and Reagents*

122 Ultrapure water (18.2 M Ω cm) was obtained from a milliQ water dispenser system and
123 was used throughout unless stated otherwise. Ammonium carbonate was used as the
124 mobile phase buffer and was obtained from BDH (UK). Methanol (HPLC grade)
125 supplied by Honeywell (USA) was added to the mobile phase and was used as an
126 extraction solvent. Other extraction solvents dichloromethane and heptane were both
127 obtained from Honeywell. Nitric acid (ROTIPURAN Supra, 69%) supplied by Carl Roth
128 (Germany) and hydrogen peroxide (for trace analysis, $\geq 30\%$) from Supelco (Sigma-
129 Aldrich, France) were used for the digestion of samples for total arsenic
130 measurements. Dimethylarsinic acid standards used for external calibration of HPLC-
131 ICP-MS were prepared from a stock solution of dimethylarsinic acid disodium salt
132 (100%) supplied by Argus-Chemicals (Italy) dissolved in ultrapure water. The
133 standards for total arsenic measurements used were 1000 mg kg⁻¹ As in 2% HNO₃
134 and were obtained from LabKings (Netherlands). Indium (1000 mg L⁻¹) and germanium
135 (1000 mg L⁻¹) supplied by Peak Performance were used as internal standards for both
136 water-soluble and total arsenic measurements.

137

138 *Samples and reference materials*

139 Ten individual, attached, *L. digitata* specimens comprising intact holdfast, stipes, and
140 blades, were collected from the low intertidal zone of a beach near Grindavík, Iceland
141 (63.85, -22.31) in February 2022, and again in May 2022. The samples were
142 transported back to the lab in seawater and were washed sparingly with tap water to
143 remove loose sand and salt that could cause chromatographic interferences. Any
144 visible epiphytes were removed manually. All thalli collected were divided into the
145 sections illustrated in Fig 2, and pooled to create samples representative of all ten
146 specimens.

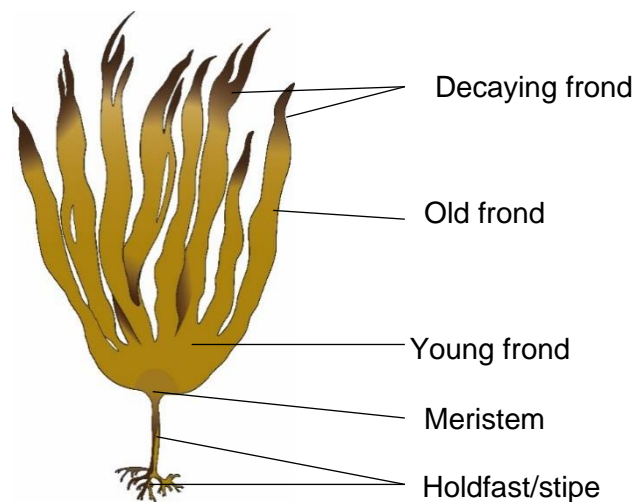


Fig 2. The sectioning of *L. digitata* samples.

147

148 The holdfast and stipe sections were combined due to the small amounts of sample
 149 material. The decaying frond was characterised by discolouration and damage, and
 150 all other sections were morphologically distinct. Samples collected in February were
 151 freeze-dried to constant mass and milled to a fine powder. The samples collected in
 152 May were washed and sectioned in the same way as previously described, but the wet
 153 material was first homogenised and divided into two sub-samples. The first sub-
 154 sample underwent immediate extraction (approximately 2 h after harvesting) without
 155 any prior freeze-drying, and the second sub-sample was freeze-dried until constant
 156 mass and homogenised further before extraction. All samples were milled into a fine
 157 powder to ensure subsamples were representative of the ten thalli that were
 158 combined.

159 Certified reference materials 7405-b hijiki (National Meteorology Institute of Japan,
 160 Japan) was analysed in duplicate during each analytical run for both total arsenic and
 161 water-soluble arsenic measurements. CRM 7405-b also underwent the same
 162 sequential extraction procedure as samples. A sample of freeze-dried *A. nodosum*
 163 from a previous study was collected in Eskifjörður, Iceland and was used as an internal
 164 laboratory reference throughout.

165 *Total arsenic determination*

166 The total As in samples was determined using ICP-MS. In triplicate, 0.2 g of sample
 167 material were weighed into quartz digestion tubes before adding 1 mL of nitric acid
 168 and 1 mL of hydrogen peroxide. Digestion was performed using an UltraWave
 169 Microwave digestion system (Milestone, Italy) and digests were quantitatively
 170 transferred to polypropylene falcon tubes and diluted to 50 mL with milliQ water.

171 *Extraction*

172 *Arsenosugars.* Extractions were performed by adding 0.2 g of dry sample material and
 173 10 mL of water to 50 mL polypropylene tubes in duplicate. For the fresh samples 1 g
 174 of material was used, and the extraction was performed approximately 2 h after

175 collection of the thalli. Samples were mechanically shaken for 2 h before centrifuging
176 at 4000 rpm for 10 min. A 1 mL aliquot of the supernatant was transferred to plastic
177 microcentrifuge tubes for further centrifugation at 15000 rpm for 5 min and the samples
178 directly analysed on HPLC-ICP-MS. The total As was also determined in the extracts
179 using the method previously described for digestion.

180

181 *Sequential extraction.* Method based on that described in elsewhere (Pétursdóttir *et*
182 *al.*, 2018). Briefly, in triplicate 0.2 g of dry sample material was extracted twice, each
183 time using 5 mL aliquots of heptane in borosilicate-glass scintillation vials, with the first
184 extraction left to stand for two hours after swirling to wet the entirety of the sample
185 material. The second extraction was allowed to stand for 30 min, and the supernatants
186 were then combined and left to stand until evaporated to dryness. The sample residue
187 was dried before the extraction procedure was repeated with 2 x 5 mL of a DCM/MeOH
188 (2:1) mixture. The dried heptane and DCM/MeOH supernatants were then transferred
189 to digestion vials by redissolving in 200 μ L of the respective solvent, this was repeated
190 3 times to ensure complete transfer. The solvents were then re-evaporated before
191 digestion. The final extraction was performed by transferring the dried residual sample
192 material to 50 mL polypropylene tubes and adding 10 mL of water. The mixture was
193 mechanically shaken for 2 h and produced a slurry that was centrifuged at 4000 rpm
194 for 15 min before removing the supernatant. A 1 mL aliquot of the water extract was
195 digested. The residue was washed twice with 15 mL of water to avoid over-estimation
196 of the remaining arsenic, and a portion was digested to analyse for total As content.

197 *Analyte quantification*

198 *Total As.* Quantification of total arsenic was carried out using an Agilent 7900 ICP-MS
199 with octopole collision cell in He gas mode with an external calibration in the range 0-
200 200 μ g L⁻¹ prepared by serial dilution. Standards were all prepared in 2% HNO₃. The
201 ICP-MS underwent automatic tuning before each use.

202 *Water-soluble As.* Speciation analysis of the water-soluble arsenic species was
203 performed using an Agilent Infinity II 1290 HPLC coupled to an Agilent 7900 ICP-MS
204 in no gas mode. The instrument was manually tuned before each use with a 50 μ g L⁻¹
205 ⁷⁵As solution, and separation of the species was achieved using a Hamilton PRP-X100
206 column (250 x 4.1 mm, 10 μ m) and corresponding guard column. An isocratic elution
207 with 20 mM ammonium carbonate (3% MeOH) was used, and an internal standard of
208 50 μ g L⁻¹ Ge was introduced post-column to normalise counts for fluctuations in
209 plasma. Masses 77 and 82 were monitored as well as 75 to check for Ar⁴⁰Cl³⁵
210 interferences on mass 75. Data acquisition and manual integration of peaks was
211 performed using Agilent Masshunter software. The instrumental parameters are
212 shown in SI Table 1.

213

214 *Data treatment*

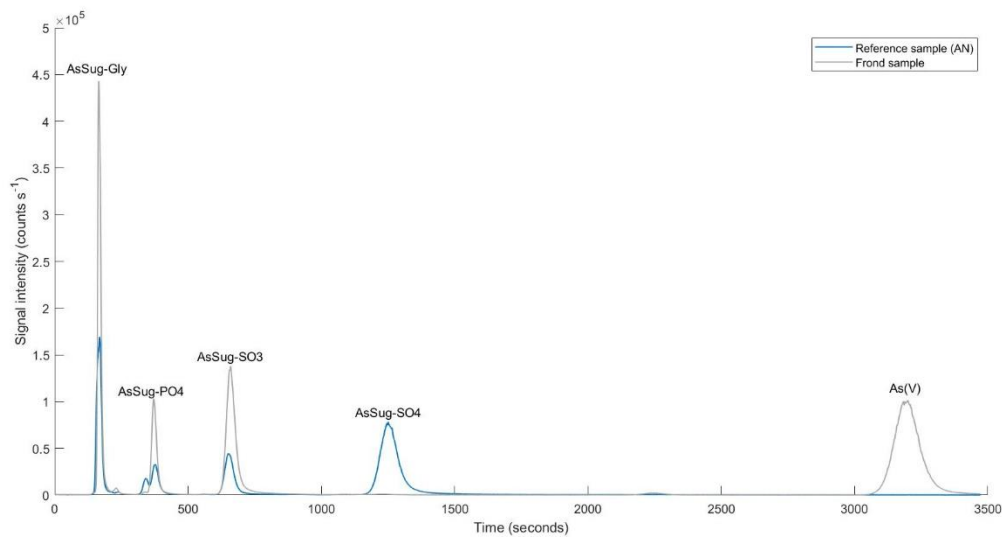
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216 Two-way, paired t-tests were performed on the total As measurements to determine
217 whether differences in mean concentrations between months and thallus section were
218 significantly different, where a $p \leq 0.05$ was considered statistically significant.

219

220 *Quality Control*

221 Identification of the methylated and inorganic arsenic species were performed using
222 spiking experiments. The identification of AsSugars was based on retention time
223 matching with an internal laboratory reference material and hijiki 7405-b. Hijiki has
224 certified values for two of the four main arsenosugars derivatives, and the lab
225 reference material refers to a sample of *Ascophyllum nodosum* (Phaeophyceae,
226 Ochrophyta) from a previous study that underwent identification using LC-MS/MS
227 (Quantiva, Thermo), Fig. 3. This sample was chosen as a reference material as it
228 contained all four arsenosugars derivatives. Column recoveries (the sum of the
229 quantified As species divided by total As in the extract) were acceptable and calculated
230 to be between 83 and 115% for all chromatographic runs, suggesting all extracted
231 species were eluted from the column. The reference materials also showed good
232 agreement with certified values for both total arsenic and arsenate, Table 1. The LOD
233 and LOQ for the quantification of water-soluble As were found to be $1.4 \mu\text{g kg}^{-1}$ and
234 $4.3 \mu\text{g kg}^{-1}$ dry weight correspondingly. These values were calculated as the standard
235 deviation of the concentration of three $0.5 \mu\text{g L}^{-1}$ calibration standards, multiplied by
236 an average dilution factor. The LOD and LOQ for the quantification of total arsenic was
237 calculated from the external calibration curve multiplied by an average dilution factor
238 and were found to be 0.02 and 0.05 mg kg^{-1} respectively. The detection and
239 quantification limits of both methods were found to be comparable to those reported
240 by groups using similar techniques in the literature (Moreda-Piñeiro *et al.*, 2016;
241 Matsumoto *et al.*, 2018; Kim *et al.*, 2020).



242

243 Fig 3. The sample of *A. nodosum* used as an internal laboratory reference material
244 and a *L. digitata* old frond sample.

245

246

247

248

249 **Results and discussion**

250 *Reference materials*

251 Certified reference material 7405-b (hijiki) was analysed alongside samples during
 252 total and speciation measurements, Table 1.

253 Table 1 – The concentrations of total As and As(V) found in the reference material
 254 analysed alongside samples (Narukawa *et al.*, 2020). Errors are 1 SD, where n = 4.

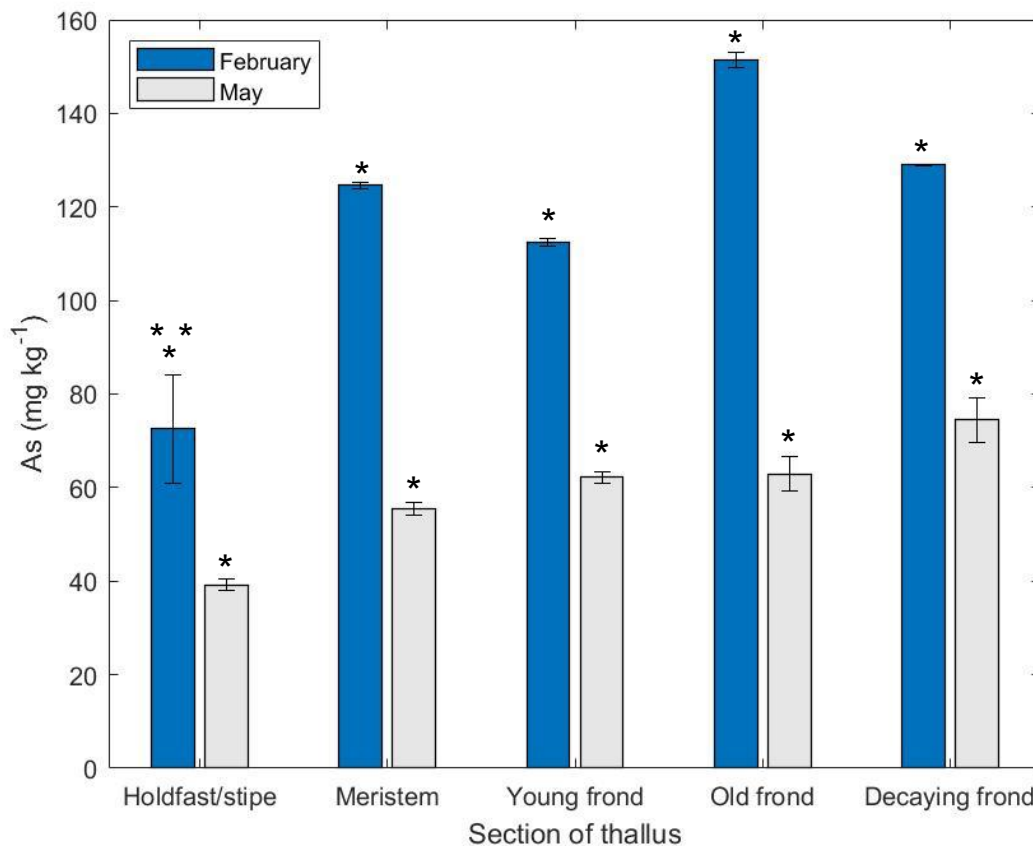
Sample	Total As (mg kg ⁻¹)	AsSug- gly/ As(III) (mg kg ⁻¹)	AsSug- PO ₄ (mg kg ⁻¹)	AsSug- SO ₃ (mg kg ⁻¹)	AsSug- SO ₄ (mg kg ⁻¹)	As(V) (mg kg ⁻¹)
7405-b (hijiki) (n=4)	45.2 ± 2.46 (49.5 ^A ± 1.00)	0.70 ± 0.07 (0.45 ^B ± 0.02)	0.26 ± 0.07 (0.20 ^B ± 0.01)	0.18 ± 0.03 (0.16 ^B ± 0.01)	1.75 ± 0.06 (1.41 ^B ± 0.04)	23.2 ± 1.57 (24.4 ^A ± 0.7)

255 ^ACertified values, ^Bliterature values (Narukawa *et al.*, 2020).

256 The values for hijiki show good agreement with the certified values for total As and
 257 As(V). The values for arsenosugars show relatively good agreement with the literature
 258 values with the exception of the AsSug-gly, where the value is higher than that which
 259 has been previously reported. This is due to the fact that As(III) was not oxidised during
 260 the extraction and co-eluted with AsSug-gly during analysis, and as such these
 261 analytes were quantified as the sum of both.

262 *Total As*

263 In general, lower levels of total As were detected in *L. digitata* samples collected in
 264 May (39.2-74.5 mg kg⁻¹) than in those collected in February (72.6-151 mg kg⁻¹).
 265 Increasing As concentrations from stipe to decaying frond were noted in May but not
 266 in February samples, Fig 4. Previous studies have also reported higher concentrations
 267 of internal As during winter months for other brown seaweeds, *Alaria esculenta* and
 268 *Saccharina latissima* (Pétursdóttir *et al.*, 2019). Typically seaweeds are likely to
 269 accumulate nutrients during winter when nitrate is most abundant in ocean and not a
 270 limiting factor for growth (Roleda and Hurd, 2019). Increased nitrate uptake has also
 271 been shown to increase phosphate uptake, which would explain the increase in As
 272 during February if both are accumulated by same method without distinction (Perini
 273 and Bracken, 2014; Taylor and Jackson, 2016).



274

275 Fig 4. The total As concentrations in sections of *L. digitata* thalli in February and May
 276 2022. The error bars represent 1 SD, where n=3. Asterisk (*) denotes significant
 277 differences between months (p<0.05), double asterisks (**) denotes significant
 278 differences between adjacent thallus section of same month (p<0.01).

279 *Temporal and intra-thallus differences in water-soluble As*

280 The AsSugars contents of brown algae have been shown to vary greatly between
 281 seasons and sections of seaweed thallus for some species (Lai et al., 1998). When
 282 studying the water-soluble speciation in each section of the thallus individually, Fig 5,
 283 AsSug-SO₃ was found to be the dominant AsSugar in all sections for both months,
 284 with the exception of the decaying frond in February. The meristem section had the
 285 highest concentration of AsSug-SO₃ during both months. The levels of AsSug-PO₄
 286 showed no obvious trend with regards to season or thallus section, and concentrations
 287 were between 4.21 mg kg⁻¹ and 13.4 mg kg⁻¹ for all samples. The AsSug-SO₄
 288 concentration was below LOD in all *Laminaria* samples, and only low levels of DMA
 289 and MA were present. DMA and MA were identified using spiking experiments, SI Fig
 290 1. The extraction efficiencies were lower in the samples collected in February (47-
 291 83%) than those in May (95-116%). As no oxidising agent was used in the extraction
 292 solution, AsSug-gly and As(III) co-eluted near the start of the chromatographic run, so
 293 were therefore quantified as the sum of both analytes. In samples collected in
 294 February, this sum was found to be highest in the decaying frond (14.8 mg kg⁻¹) and
 295 low in all other sections (1.97 – 3.19 mg kg⁻¹), whereas the opposite trend was
 296 observed for May where the sum was 2.3 mg kg⁻¹ in the decaying frond, and 11.5-17.1

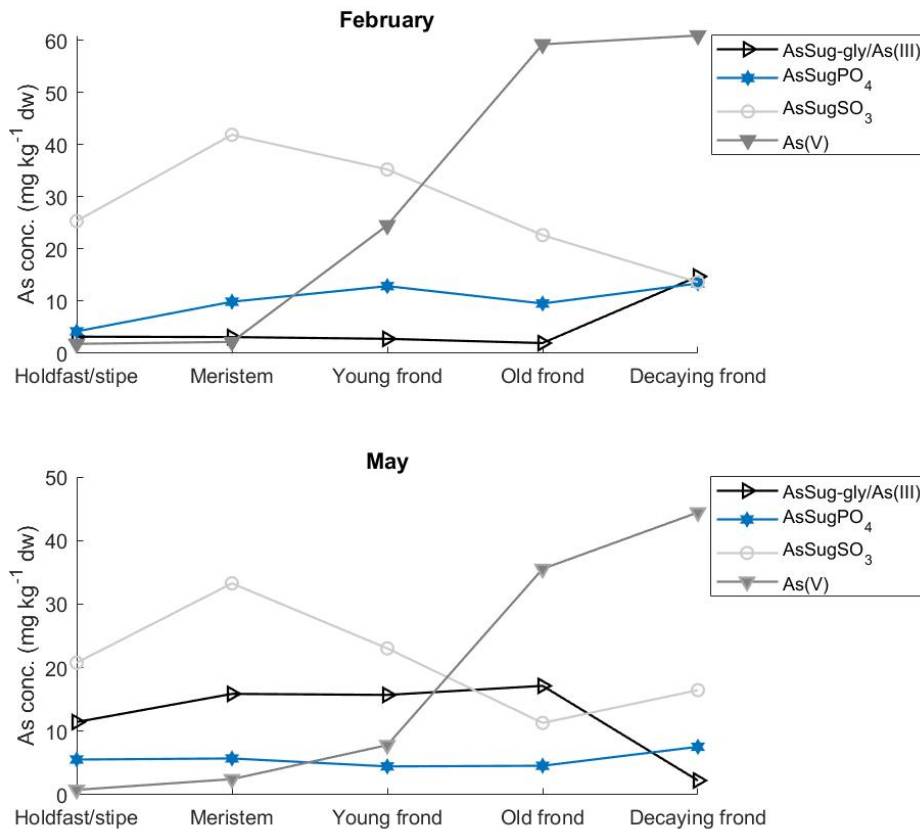
297 mg kg⁻¹ in the other thallus sections. The observed differences are likely attributable
298 to AsSug-gly, as the As(III) in all samples was found to ≤0.15 mg kg⁻¹ when samples
299 were analysed specifically for this analyte using a different method (Tibon *et al.*, 2021),
300 SI Table 4 and Fig 4. Another study has also previously reported low
301 concentrations of As(III) in other *Laminaria spp.* (Llorente-Mirandes *et al.*, 2011).
302 As(III) is also more cytotoxic than As (V), and is quickly methylated as a detoxification
303 mechanism by SAM enzymes (Chen and Rosen, 2020). Since winter is when the
304 highest levels of growth occur in the non-decaying parts of the thallus, the AsSug-gly
305 is not likely to be a product of detoxification as the concentration would then be expected
306 to increase with increasing total As.

307

308 The meristem section of the thallus consistently had the highest concentration of
309 unidentified compounds regardless of season, SI Table 3. Although the unknown
310 compounds made up only a minor fraction of the total As (<2.4 %), based on the
311 retention times these compounds are likely small, methylated DMA analogues such
312 as dimethylarsinoyl acetate (DMAA), dimethylarsinoyl ethanol (DMAE), or
313 dimethylarsinoyl propionate (DMAP), SI Fig 2. Wolle *et al.* previously reported DMAA
314 and DMAP eluting around a similar retention time to DMA using anion exchange
315 chromatography with a similar mobile phase composition (Wolle and Conklin, 2018).
316 DMAE in particular is known to be a product of AsSugar degradation under anaerobic
317 conditions, and this could have potentially been produced by bacteria on surface of *L.*
318 *digitata* (Pengprecha *et al.*, 2005). Irrespective of season, there appears to be a trend
319 of increasing As(V) concentration from holdfast/stipe to the decaying frond, similar to
320 results previously for *L. digitata* (Ronan *et al.*, 2017). It has been suggested that
321 arsenate is bound to fucoidans in the cell wall in the form of arsenoesters – not
322 dissimilar to the sulfuric acid esters that form with fucoidan – which would immediately
323 be hydrolysed upon extraction with water (Ender *et al.*, 2019). This may explain why
324 most of the As(V) is found in the fronds, as the fucoidan content is typically highest in
325 this thallus section with the exception of reproductive tissues (Bruhn *et al.*, 2017).
326 Mature parts of the seaweed also typically contain higher levels of fucoidan, and the
327 polysaccharide composition is known to vary seasonally which could account for the
328 vast differences in arsenate between February and May samples (Allahgholi *et al.*,
329 2020). However, this offers no explanation as to why *L. digitata* in particular can
330 accumulate such high levels of As(V) compared to other species within the
331 Laminariales (Almela *et al.*, 2006).

332

333 The As(V) concentrations were between 0.78-59.3 mg kg⁻¹, which alone is high
334 enough to be of relevance to food safety concerns (Pétursdóttir *et al.* 2015). Whilst
335 there are currently no Europe-wide regulations for inorganic arsenic in seaweed
336 products for human consumption, France have implemented a limit of 3 mg kg⁻¹ for
337 algae condiments and there is a 2 mg kg⁻¹ limit in the EU for seaweed products to be
338 used as animal feed (*Directive 2002/32/EC of the European Parliament*, 2002; CEVA,
339 2019). The majority of these samples exceed both of these regulations by many
340 multiples with their As(V) content alone.



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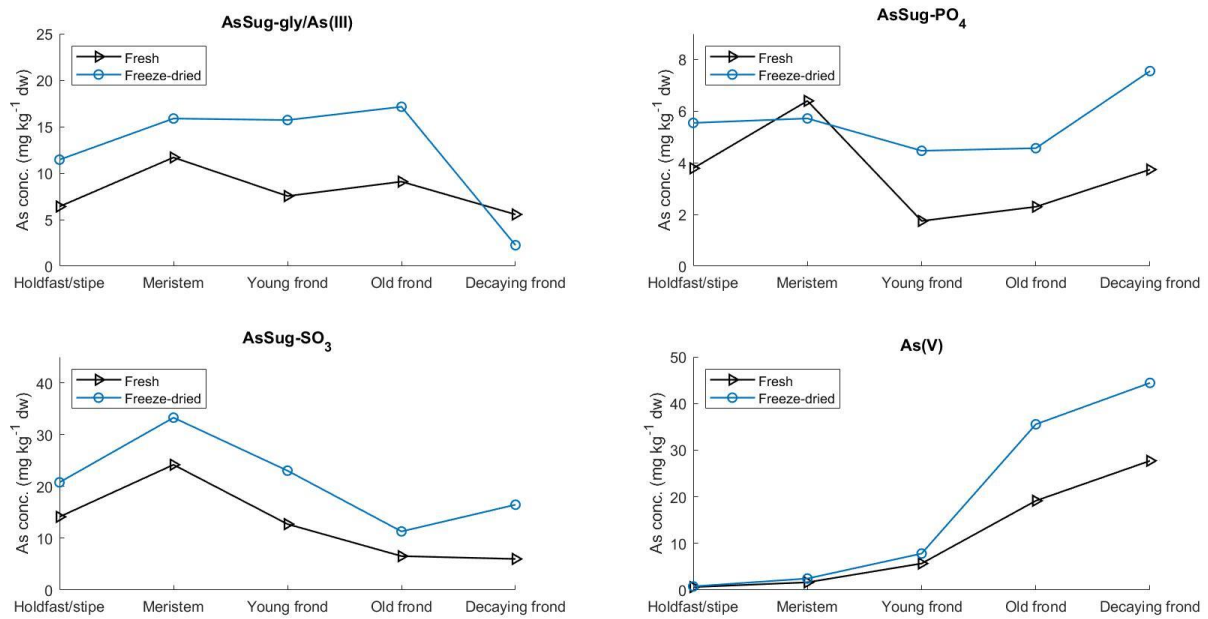
342 Fig 5. The average concentrations of water-soluble As species in February and May
 343 2022 in different sections of the *L. digitata* thalli. Samples were analysed in duplicate
 344 (n=2) and all concentrations are expressed per kg of dry sample weight.

345 *Comparison of fresh and freeze-dried seaweed from May*

346 As very few studies report extractions using materials from fresh samples, the
 347 speciation of water-soluble As in fresh material was analysed in an effort to determine
 348 the effects of freeze-drying on the speciation. When comparing the extraction
 349 efficiency for sections of the thallus in fresh and freeze-dried samples from this study,
 350 Fig 6, it is apparent that it is much lower for fresh samples. On average the extraction
 351 efficiency when using fresh sample material was 68% compared to 103% for freeze-
 352 dried, suggesting that freeze-drying is potentially required to destroy the cell wall and
 353 membrane, and release the AsSugars quantitatively. The lower extraction efficiency
 354 observed using fresh samples could also be due to As being in an unextractable form
 355 using an aqueous extractant, i.e. as Aslipids, and thus is not removed from cells during
 356 water-based extractions. Although more As was extracted from freeze-dried material,
 357 the intra-thallus trend for AsSug-SO₃ is similar for both fresh and freeze-dried material,
 358 suggesting that the extraction of this analyte is largely dependent on the degree of
 359 homogenisation the sample has undergone. It is unlikely the AsSugars are stored
 360 inside the cells, as low levels of As in the cytosol have been reported using NanoSIMS
 361 (Ender *et al.*, 2019). Instead, it is likely the AsSugars are bound to the cell membrane.
 362 A similar trend is seen for AsSug-gly/As(III) and AsSug-PO₄ with the exception of the

363 decaying frond and meristem, respectively. Again, there is a clear trend of increasing
 364 As(V) along the thallus from the holdfast and stipe material to the decaying frond, but
 365 only the old and decaying fronds show markedly different extraction efficiencies
 366 between the two materials. When considering the holdfast/stipe - a section which is
 367 difficult to homogenise due to its tough, fibrous structure – similar levels of As(V) were
 368 extracted from both fresh and freeze-dried samples (0.63 and 0.78 mg kg⁻¹). This is
 369 not true for the old frond and decaying frond sections, where an approximately 2-fold
 370 improvement in extraction efficiency was observed after freeze-drying. The higher
 371 levels of As(V) in the older frond sections may mean that not all of the As(V) could be
 372 bound by the polysaccharides in the cell wall and may be inside the cell. Thus, the
 373 freeze-drying may be required to release all As(V) that is present.

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376 Fig 6. Comparison of the concentrations of water-soluble As species extracted from
 377 sample material collected in May, without and with freeze-drying. All concentrations
 378 are expressed per kg of dry weight.

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386 *Temporal and intra-thallus variations in As distribution*

387 Analysing the water-soluble As species alone is not enough to understand the full
388 extent of seasonal or spatial changes in arsenic metabolism. Thus, the total arsenic
389 content of fractions extracted with solvents of differing polarity was determined, as well
390 as the quantification of total As in the unextractable As fraction. The total water-soluble
391 arsenic content was found to follow the same trend as the arsenate for both months,
392 Table 3. The concentration of water-soluble As extracted during the sequential
393 extraction scheme was lower than during the speciation analysis, which is most likely
394 due to the order of extractions. During the sequential extraction the DCM/MeOH step
395 will extract a small amount of water-soluble species into the solvent, thus, when
396 performing quantification of the individual water-soluble As species, it is crucial that
397 the water extraction is performed first to give accurate quantification (Pétursdóttir *et*
398 *al.*, 2018). Conversely, if the water extraction is performed first, there is a risk of
399 hydrolysis of lipophilic arsenic species to polar, water-soluble species.

400 Recoveries were between $80\pm 11\%$ and $106\pm 8\%$ ($n=3$). The levels of polar AsLipids
401 were significantly higher during February than in May, Fig 7 which is in line with the
402 higher levels of total lipid content found in edible seaweeds during colder months
403 (Madden *et al.*, 2012; Schmid, Guihéneuf and Stengel, 2017). Similar trends were
404 seen in both months, with the exception of the holdfast/stipe tissue in February, where
405 the meristem and young frond both had higher levels than the surrounding frond
406 tissues. These two parts are the youngest and metabolically most active thallus
407 sections and are associated with new growth (Stengel *et al.*, 2005). Therefore, if polar
408 AsLipids are by-product of biological activity, the highest concentrations would be
409 expected in these areas. Residual As was generally lowest in the holdfast and highest
410 in the frond sections of the *L. digitata*. The residual As was higher in February where
411 a maximum of 26.1 mg kg^{-1} was found in old frond compared with maximum of 10.1
412 mg kg^{-1} in the young frond in May. The unextractable As species have been suggested
413 to be As(III) bound to thiol groups, e.g., to cysteine groups in lipoproteins within cells.
414 As(III) has been shown to bind strongly to multiple thiol groups in proteins in
415 *Escherichia coli* bacteria - a similar situation could occur in seaweed (Shen *et al.*,
416 2013). Stronger extraction methods have been able to recover the recalcitrant arsenic
417 in the form of As(V) (Navratilova *et al.*, 2011) (Nearing, Koch and Reimer, 2014). The
418 non-polar AsLipids accounted for $<0.42\%$ of totAs, and concentrations were generally
419 below 0.1 mg kg^{-1} , with the exception of the old frond during May where the non-polar
420 As was 0.26 mg kg^{-1} . The speciation of arsenic extracted by non-polar solvents has
421 previously been reported in the literature for fish meal, where arsenic-containing
422 hydrocarbons were found to be the major constituent of a hexane extract, followed by
423 small amounts of arsenic-containing fatty acids (Amayo *et al.*, 2011). These species
424 are also commonly reported, albeit in higher concentrations, in the DCM/MeOH
425 extracts of seafood and algae (Arroyo-Abad *et al.*, 2016; Pétursdóttir *et al.*, 2019; Al
426 Amin *et al.*, 2020; Liu *et al.*, 2021).

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428

429 Table 3. The distribution of As in sections of the *L. digitata* thalli in freeze-dried
 430 samples from February and May 2022. Errors are 1 SD, where n=3. The percentage
 431 fraction contributes to total As concentration is also listed in brackets.

Month	Thallus section	Non-polar AsLipids (mg kg ⁻¹)	Polar AsLipids (mg kg ⁻¹)	Water-soluble As (mg kg ⁻¹)	Residual As (mg kg ⁻¹)	Total As (mg kg ⁻¹)	Recovery (%)
February	Holdfast/stipe	0.02±0.01 (<1%)	32±1.6 ^{*,**} (43%)	36±0.9 ^{**} (49%)	8,3±0.5 ^{*,**} (11%)	73±2.9	103±2
	Meristem	0.03±0.01 (<1%)	11±0.6 [*] (9%)	74±5.1 ^{**} (59%)	15±0.6 [*] (12%)	125±7.5	80±11
	Young frond	0.01±0 (<1%)	11±0.7 [*] (10%)	83±1.7 [*] (74%)	20±5.4 [*] (18%)	112±1.0	102±12
	Old frond	0.02±0 (<1%)	9.2±0.1 ^{*,**} (6%)	92±6.1 [*] (60%)	26±2.1 ^{*,**} (17%)	151±2.4	84±10
	Decaying frond	0.06±0.03 ^{**} (<1%)	6.1±0.53 ^{*,**} (5%)	93±6.7 [*] (72%)	15±1.6 (12%)	129±1.3	89±3
May	Holdfast/stipe	0.02±0.01 [*] (<1%)	2.3±0.16 [*] (6%)	33±2.6 ^{**} (84%)	5.3±1.3 (14%)	39±1.3	104±9
	Meristem	0.07±0.02 (<1%)	6.7±0.04 [*] (12%)	42±3.3 ^{**} (75%)	8.3±1.8 [*] (15%)	55±1.3	102±3
	Young frond	0.03±1.11 (<1%)	5.1±0.7 ^{**} (8%)	50.4±5.1 (81%)	10±1.2 [*] (16%)	62±1.3	106±8
	Old frond	0.25±0.04 [*] (<1%)	2.2±1.0 ^{**} (4%)	54±0.2 (85%)	8.0±0.4 [*] (13%)	63±3.7	102±8
	Decaying frond	0.13±0.06 ^{**} (<1%)	3.7±1.2 ^{**} (5%)	65±1.9 ^{**} (87%)	8.4±0.3 [*] (11%)	75±4.7	103±9
CRM	7405-B (hijiki)	<LOQ (<1%)	5.6±0.2 (11%)	22±0.3 (43%)	20±0.9 (40%)	49.5±1.0 ^A	95±1

432 ^ACertified value. Asterisk (*) denotes significant differences between months (p<0.05),
 433 double asterisks (**) denotes significant differences between adjacent thallus section
 434 of same month (p<0.05).

435

436 Fig 7. Comparison of the concentrations of water-soluble As species extracted from
437 the same sample divided into fresh and freeze-dried sample material collected in May
438 (n=3). All concentrations are expressed per kg of dry sample weight.

439 To summarise, lower levels of total As were detected in the samples collected in May
440 (39.2-74.5 mg kg⁻¹) compared to those in February (72.6-151 mg kg⁻¹) where all
441 sections were significantly different between months (p<0.01). The concentration of
442 arsenate was found to consistently increase along the thallus from the holdfast/stipe
443 to the decaying fronds in both months, and AsSug-SO₃ was the dominant AsSugar in
444 the majority of samples. The concentration of As(V) was consistently found to be
445 lowest in the holdfast/stipe section (0.78- 1.82 mg kg⁻¹) and increases along the thallus
446 with the highest values always found in the decaying fronds (44.4-61.0 mg kg⁻¹) – a
447 trend which could potentially be explained by the differing polysaccharide content in
448 each section. The extraction efficiency was lower in fresh material than for freeze-
449 dried, 64-77% and 95-116% respectively and depended on thallus section. Similar
450 intra-thallus trends for both fresh and freeze-dried materials were observed when
451 studying the concentrations of the extracted AsSugars individually, whereas this was
452 not seen for As(V). This suggests that AsSugars may require lyophilisation to be
453 quantitatively released from cells and that they may be bound in the cell membranes.
454 Levels of water-soluble, polar lipid-soluble, and residual levels of As were generally
455 highest in February, and the non-polar lipid-soluble As accounted for <0.42% of totAs
456 in all samples. The higher levels of polar AsLipids in February (6.12-31.5 mg kg⁻¹)
457 compared to those in May (2.24-6.68 mg kg⁻¹) are in line with the higher fat contents
458 typically found in seaweed during winter.

459 This study is the first to report not only temporal, but intra-thallus variations in the
460 water-soluble As speciation and distribution of As in *L. digitata*. This dataset adds
461 significantly to our understanding of arsenic metabolism of *L. digitata*, and how this
462 may fluctuate temporally and spatially within algal thalli. Future research should focus
463 on analysing the speciation of polar lipid-soluble As extracted from fresh samples to
464 determine if the differences in extraction efficiency observed in this study were due to
465 the As being in an unextractable form, i.e. lipids, and thus is not removed from cells
466 during water-based extractions.

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472 **Data availability statement**

473 The data that supports this study will be shared upon reasonable request to the
474 corresponding author.

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477 **Conflicts of interest**

478 One of the co-authors (Jörg Feldmann) is a Guest Editor for Environmental Chemistry.

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